

Kathleen Hanagan, LCSW, TEP

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PSYCHOTHERAPIST, LEADERSHIP COACH, AND PERSONAL DEVELOPMENT CONSULTANT

KEY ACCOMPLISHMENTS

Psychotherapist/Psychotherapist

Licensed Clinical Social Worker (OR, VA), Certified Imago Therapist. Founded and directed The Center for Integrative Therapy for individuals and families seeking personal and professional transformation. Oversaw the development and delivery of services that included massage, counseling, acupuncture, and personally provided services in the area of trauma and sexual abuse, alternative sexual expression, couples in crisis, conflict resolution, depression and self-actualization. Specialty working with local divorce and family law attorneys helping couples develop communication skills that allow for greater clarity and mutual respect, and the ability to co-parent well during challenging and chaotic times

Personal Development

After helping so many others create lives of passion and authenticity, I took a year-long sabbatical in 2005 and closed my practice, to live in the Andes. My 3 children were grown, and it was a time of deep personal growth, healing, and adventure. I studied with shamans and indigenous teachers whose message has been to get our personal lives in order and begin to treat the earth and one another with greater respect and compassion. From Peru I travelled to India for a month, and studied at Oneness University. I began to live more consciously from a part of me I call my "soul," which has led me to help others do the same.

EMPLOYMENT EXPERIENCE

CEO, Turn On Your Light, LLC (www.KathleenHanagan.com), Arlington, VA

2010 – Present

Helping mission-driven people create thriving lives and businesses that serve others.

- Help clients access their deeper purpose and to articulate their message and mission from a deep well of resources, both inner and outer.
- Inspirational public speaking on topics such as the feminine version of success, transforming the inner critic into the inner business sage, and the merging of love and business in sales and delivery of services.
- Spiritual guidance and individual/couples psychotherapy aimed at cultivating compassion, self-awareness and responsible action.
- Design and delivery of in-person training to new business owners, and virtual group coaching programs based on the Path of Conscious Business™
- Business consultation and design and delivery of leadership training based on common vision, mission and values, and individual executive coaching.

President, Point of Change, PC, Vienna, VA

2001-2010

Helping mission-driven people create thriving businesses and relationships that serve others.

- Continued integral coaching and psychotherapy practice focused on personal and professional transformation, and specialized working with couples of all sexual orientations, including clients with alternative sexual expression.

- Designed and facilitated women's retreats focused on sexual and emotional empowerment
- Co-ordination with local family law attorneys on challenging cases needing mental health skills.
- Instructed employees of a key Federal intelligence agency in effectively using life management skills.
- Implemented process groups for diverse populations committed to personal and professional growth.
- Taught conscious communication skills and delivered group and individual leadership training to management teams at private and government organizations, including action learning, emotional intelligence training, and executive retreats.
- Created and oversaw a healing center, where visiting healers and teachers from other disciplines could reside and offer their services.

Co-Founder & Director, The Center for Integrative Therapy, Falls Church, VA

1992-2000

A place to heal, grow, and thrive in body, mind and spirit.

- Established integral coaching and psychotherapy practice focused on personal and professional transformation, including family therapy, and the design and delivery of retreats for couples.
- Preferred provider for employees of several Federal agencies delivering individual and couple's psychotherapy.
- Supervised employees and associated professionals in administering business development activities.
- Trained and supervised professionals in Psychodrama and Group Process.
- Instructed post-graduate classes of psychiatrists, psychologists, and social workers to use action methods in healing trauma at the University of Maryland School of Social Work.
- Designed and delivered training in Spiral Dynamics to mental health professionals.
- Facilitated action-training methods to help police departments optimally deal with sexual assault situations for the Fairfax Police Department.
- Directed and marketed Healing Psychodrama Intensives with groups of women and men suffering from sexual abuse, rape, and from PTSD.

Psychiatric Social Worker, Dominion Psychiatric Hospital, Falls Church, VA

1991-1992

- Worked with multi-disciplinary team of psychiatrists and nurses to treat severe psychiatric disorders, using individual, family and group psychotherapy.
- Discharge planning involving the coordination of out-patient community resources.

Social Worker/Psychodramatist, Commission of Mental Health Services, Washington, DC

1990-1991

- Trained in psychodrama, sociometry and group psychotherapy, and delivered ongoing services to groups on schizophrenic and criminally insane patients
- Co-ordinated clinical services with music, art and dance therapists

Medical Social Worker, United Hospice of Rockland, Inc., Pomona, NY

1989-1990

- Worked as part of multi-disciplinary team of doctors, nurses, and clergy to provide dignified end-of-life care for terminally ill patients and their families.
- Travelled to patients' homes to provide family therapy and bereavement counseling.
- Trained volunteers to work with terminally ill patients and families.

EDUCATION AND PROFESSIONAL DEVELOPMENT

Columbia School of Social Work, New York, NY (MSW)	Enneagram Training
Connecticut College, New London, CT (BA Psychology)	Spiral Dynamics Training
St. Elizabeth's Psychodrama Program, Washington, DC (TEP)	Strozzi Institute for Somatic Coaching
Newfield Network Coaching Program (Certification)	Munay-Ki Shamanism Training
MentorCoach Coaching Program (Certification)	Madonna Ministry
Imago Relationship Training (Certification)	Shamanic Priestess Process
Critical Incident Stress Management (Certification)	Energy training at <i>LaHo-Chi</i> Institute
American Hypnosis Training Academy (Certification)	Reiki Level 1 and 2 (Certification)
Cultural Transformation Tools, Values Assessment Training	Holotropic Breathwork (Certification)
Compassion Power Approach to Anger	Internal Family Systems Training
Emotional Freedom Technique (Certification)	Ketamine Assisted Psychotherapy Training at the Ketamine Training Institute
Biofield Tuning (Certification)	Polaris Ketamine and Psychedelic Assisted Therapy Training (Certificate)
Extensive training in Mindfulness Meditation	Psychedelic Therapy Training at the Psychedelic Somatic Institute
EMDR Training (Certification)	Extensive Training with The Therapeutic Spiral Model to Treat Trauma and PTSD
Brainspotting Training	
Training with indigenous healers in Columbia	

AFFILIATIONS AND ACHIEVEMENTS

National Association of Social Workers
International Coaching Federation
Imago Relationship International
Mid-Atlantic Association For Imago And Relationship Therapists
Association for Sociometry, Group Psychotherapy and Psychodrama (ASGPP)
Co-author of *The Art and Science of Success* and *Success in High Heels*
Author of *Loveseed: The Template For Birthing A New World*
ASKP (American Society for Ketamine Physicians, Psychotherapists and Practitioners)